

Free Family Activities

Limited Space
Register Now!



October 2018



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Monday

Oct 1, 15, 22 & 29

Homework Club
3:00pm-5:00pm



Talk to Me
Parents/Teens (Ages 13-17)
6:00pm-8:00pm



Oct 1, 22, and 29

Gentle Yoga
5:00pm-6:00pm



Family Zumba & Nutrition
6:00pm-8:00pm



Tuesday

Oct 2, 9, 16, 23 & 30

Homework Club
2:00pm-4:00pm



Hip-Hop Dance (Ages 8-12)
4:15pm-5:15pm



Hype Teens! (Ages 11-16)
4:15pm-5:15pm



Oct 16 & 23
Family Gardening
6:00pm-7:00pm



Wednesday

Oct 3, 10, 17, 24

Homework Club
3:00pm-5:00pm



Family Movie Club
5:00pm-6:30pm



Friday

Oct 5, 12, 19 & 26

Opening Doors



Child Care (R.S.V.P by Wed)
10:00am-12:00pm

Abriendo Puertas
Opening Doors

Oct 5, 12 & 19
Baby Musician (0-4years)
11:30am-12:15pm



Fall Flicks (18+)
12:15pm-1:45pm

Thursday

Oct 4, 11, 18 & 25

Homework Club
3:00pm-5:00pm



Spooktacular Committee
4:30pm-5:30pm



Family Yoga
5:30pm-6:30pm



Kids beginning Guitar Class
7:00pm-7:45pm
(8-15 years old) (No Guitar required)



Kids Intermediate Guitar Class
7:45pm-8:30pm
(8-15 years old)(Must have a guitar to attend)



October 26, 2018

SPOOKTACULAR

(Attend by enrolling in FWI classes)

- 5:00pm-8:00pm
- *RSVP by Oct 24, 2018
- *Food & Games
- *Haunted Maze
- *Movie Special
- *Popcorn & Candy



For more information, contact: Program Coordinator Elvira Pimentel at (818)-988-4430 or Elvira@fofca.org

SE HABLA ESPAÑOL

Fostering all dimensions of wellness!

*Note: Classes offered, time and dates may be subject to change





Friends of the Family®
Strong Families • Thriving Children • Vibrant Communities



Actividades Familiares Gratuitas

Octubre 2018



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Lunes

1, 15, 22 & 29 de Octubre

Apoyo de Tarea 3:00pm-5:00pm

Háblame

Padres/Adolescentes (13-17)

6:00pm-8:00pm

1, 8, 22 y 29 de Oct

Yoga Suave para Adultos

5:00pm-6:00pm

Zumba y Nutrición

6:00pm-8:00pm



Martes

2, 9, 16, 23 & 30 de Octubre

Apoyo de Tarea 2:00pm-4:00pm

Danza Hip-Hop (Edades 8-12)

4:15pm-5:15pm

Adolescentes Emprendedores

(Edades 11-16)

4:15pm-5:15pm

16 y 23 de Oct

Jardinería para familia

6:00pm-7:00pm



Miércoles

3, 10, 17 & 24 de Oct

Apoyo de Tarea 3:00pm-5:00pm

Club de Películas para Familias

5:00pm-6:30pm



Viernes

5, 12, 19 & 26 de Oct

Abriendo Puertas

10:00am-12:00pm

Cuidado de niños

(Reserve el miércoles)

5, 12 y 19 de Oct

Bebé Músico (0-4 años)

11:30am-12:15pm

Películas de Otoño

12:15pm-1:45pm (18+)



Jueves

4, 11, 18 & 25 de Octubre

Apoyo de tarea 3:00pm-5:00pm

Comité Spooktacular

4:30pm-5:30pm

Artesanías para los Niños

4:30pm-5:30pm

Yoga Familiar

5:30pm-6:30pm



Clase de Guitarra principiantes (8-15 años)

7:00pm-7:45pm (No se requiere Guitarra)

Clase de guitarra Intermedia Para Niños (8-15 años)

7:45pm-8:30pm

(Debe tener una Guitarra para asistir)



26 de Octubre 2018

SPOOKTACULAR

(Asistir al inscribirse en clases de FWI)

5:00pm-8:00pm

*Confirmar su asistencia

antes del 24 de Octubre

*Comida & Actividades

*Laberinto Embrujado

*Palomitas & Dulces

*Película Especial



Para obtener más información, comuníquese con la Coordinadora del Programa Elvira Pimentel al (818) -988-4430 o a Elvira@fofca.org

SE HABLA ESPAÑOL

¡Fomentando todas las dimensiones del bienestar!

Nota: Las clases ofrecidas, la hora y las fechas pueden estar sujetas a cambios

¡Gratis!

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¡Gratis!