

Free Family Activities

Limited Space
Register Now!

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July 2018

Monday

July 2, 9, 16, 23 & 30

Parenting Class
10:00am-12:00pm



Just Dance Kids (5-15 years old)
10:00am-11:00am



Karaoke Kids (5-15 years old)
11:00am-12:00pm



Kid Board Games
12:00pm-1:00pm



Adult Gentle Yoga
12:00pm-1:00pm



Tuesday

July 3, 10, 17, 24 & 31

Adult Crochet Class
10:00am-11:30am



S.T.E.A.M (Science, Technology
Engineering, Art & Music) (5-15 years old)
9:30am-11:30am



July 10, 17 & 24

Kids Yoga (5-16 years old)
11:30am- 12:30pm



July 24 & 31 (All Ages)
Family Gardening (6:00pm-7:00pm)



Wednesday

July 11, 18, 25

Family Read (Adults)
12:15pm-2:15pm



Kids Book & a Movie
(5-15 years old)
12:15pm-2:15pm



Thursday

July 5, 12, 19 & 26

Acting for Kids (6-12 years old)
10:00am-11:30am



Summer Flicks (18 & up)
10:00am-11:30am



Book Club (Bilingual-Spanish)
(18 & up)
4:00pm-5:00pm



Kids Arts & Crafts (5-15 years old)
4:00pm-5:00pm



Family Cardio Blast
5:00pm-6:00pm



July 12, 19 & 26

Kids Beginning Guitar Class
(8-12 years old) (Waiting List)
6:30pm-7:30pm



Kids Intermediate Guitar Class
(8-16 years old)
(MUST HAVE A GUITAR TO ATTEND)
7:30pm-8:30pm



Friday

July 13, 20 & 27

Bilingual Rhymes, Songs
Stories (Ages 0-5)
9:30am- 10:30am



Family Collage Making
10:30am-11:30pm



Saturday

July 14 & 21

Family Fun Activities
(All Ages)
9:30am-10:30am



For more information contact: *Program Coordinator Elvira Pimentel*
at (818) 988-4430 or Elvira@fofca.org SE HABLA ESPAÑOL

Fostering all dimensions of wellness! *Note: Classes offered, time and dates are subject to change

Actividades Gratis en Familia

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Julio 2018

Lunes

2, 9, 16, 23 y 30 de Julio

Clase de Padres
10:00am-12:00pm



Danza para Niños (5-15 años)

10:00am-11:00am



Karaoke para Niños (5-15 años)

11:00am-12:00pm



Juegos de Mesa

12:00pm-1:00pm



Yoga para Adultos

12:00pm-1:00pm



Martes

3, 10, 17, 24 y 31 de Julio

Clase de Ganchillo (Adultos)
10:00am-11:30am



Tecnología, Científica, Ingeniería

Arte y Música (5-15 años)
9:30am-11:30am



10, 17 y 24 de Julio

Yoga de Niños (5-15 años)

11:30am-12:30pm



24 y 31 de Julio

Jardinería en familia (Todas las edades)
6:00pm-7:00pm



Miércoles

11, 18 y 25 de Julio

Leer en Familia (Adultos)
12:15pm-2:15pm



Libro de niños y una

película (5-15 años)

12:15pm-2:15pm



Jueves

5, 12, 19 y 26 de Julio

Actuando para niños (6-12 años)
10:00am-11:30am



Películas de Verano (18+)

10:00am-11:30am



Club de Lectura Para
Adultos (Bilingüe) (18+)

4:00pm-5:00pm



Artesanías para los Niños (5-15 años)

4:00pm-5:00pm



Cardio en familia

5:00pm-6:00pm



12, 19 & 26 de Julio

Clase de guitarra para
principiantes (8-14 años)
6:30pm-7:30pm (Lista de Espera)



Clase de guitarra intermedia
Para niños (8-16 años)

7:30pm-8:30pm (Debe tener guitarra)



Viernes

13, 20 y 27 de Julio

Rimas bilingües
Historias de Canciones
9:30am-10:30am



Elaboración de collage
en Familia

10:30am-11:30am



Sábado

14 y 21 de Julio

Actividades divertidas
para la familia
9:30am-10:30am



Para más información llame: Cordinadora del Programa
Elvira Pimentel al (818) 988-4430 or Elvira@fofca.org
Formento de todas las dimensiones de bienestar!

Nota: Se imparte, fechas y tiempo están sujetas a cambios